



Help is Within Reach in Montgomery County

988 provides 24/7 mental health crisis listening support via phone, text and chat for:

- Emotional distress
- Mental health crisis
- Thoughts of suicide

**Crisis Support
and Suicide
Intervention
988**

**Montgomery
County Crisis
Center**

240-777-4000

The Crisis Center provides 24/7:

- Crisis hotline
- Walk-in crisis services
- Mobile crisis outreach teams
- Community referrals
- Substance use assessment and referral for adolescents

**Person-
Centered
Care**

311 provides information on weekdays from 7am-7pm about:

- Health & human services
- Housing
- Transportation
- Food assistance

**County
Government
Service Information
311**

Emergencies

911

911 provides 24/7 first responder dispatch for:

- Medical emergencies
- Fire
- Reporting a crime
- Disaster response
- Life threatening situations